

Tottenham Central School Newsletter

Principal: Amanda Thorpe

Week 9 Term 1

Thursday, 28th March, 2019



Principal's message

Whooping Cough

There has been a confirmed case of Whooping Cough in our school community. Please read the Whooping Cough fact sheet in this newsletter.

Assembly and Parent Information Session

Our next assembly and parent information session will be on April 5th.

Mrs Adam will be presenting a parent information session, 'How to help your child with multiplication and division' from 1:50pm.

Assembly will follow from 2:20pm. K/1 will be performing.

Captain Rusty Barnacles

Captain Rusty Barnacles was "ship-wrecked" with car troubles on his original scheduled date of Wednesday, but overcame the treacherous open road and joined us this afternoon with his performance to K-6.

Grandfriends' Day Save the Date

Grandfriends' Day is on next term, on the 9th May.

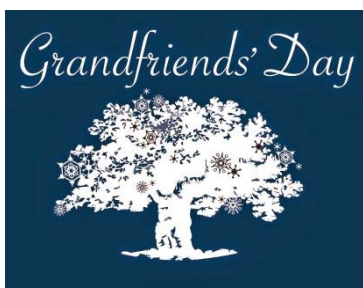
Schedule:

10am—Morning Tea

11:30am—Assembly

1pm—BBQ Lunch

1:30pm—World's
Greatest Shave



It will be a great opportunity for visiting Grandfriends to stay the night and come to the athletics carnival the next day!

Easter Hat Parade

Our annual Easter Hat Parade is on the calendar for Thursday 11th April at 2:30pm. Students will be making hats during the week prior and we look forward to your company under the COLA for their showing.

Cooler Classrooms Fund

Steensen Varming has won the tender to complete our Cooler Classrooms Project. The designers visited this week, scoping learning spaces and the library. The next phase will be the design of our cooling and heating systems which will be approved within the next fortnight, after which, planning for installation will commence.

- Reverse cycle air conditioning will be installed in all permanent learning spaces and libraries
- Existing un-flued gas heaters will be removed
- In addition to cooling and heating, the systems will supply fresh air to avoid stuffy environments
- Teachers and students will be alerted to times when additional fresh air is needed to boost indoor air quality
- The systems are fully programmed to provide the optimal environment for any season with the touch of a button
- Renewable energy sources such as solar, will be installed to limit environmental impact
- Through smart-monitoring, teachers and students can learn how to minimise their energy use
- Air conditioning will automatically shut off when not needed. The system will also identify when simply opening a window will improve air quality.

Amanda Thorpe
Principal

School news

Our week in pictures
Congratulations to week 9 PBL wristband and merit award recipients!



EXCELLENCE

RESPECT

RESPONSIBILITY

Primary news

Interest Groups

This year primary interest groups, previously held on Friday afternoons, are being run as interest days. Students from K-6 will have the opportunity to participate in activities which they have chosen throughout the day. The first interest day will be held on April 10th and will be a Mufti Day. Some activities for this day include; cooking, craft, STEM, chess, origami, photography, sport and games.

National Day of Action against Bullying and Violence

Students at Tottenham Central School participated in the National Day of Action against Bullying and Violence on Friday 15th March.

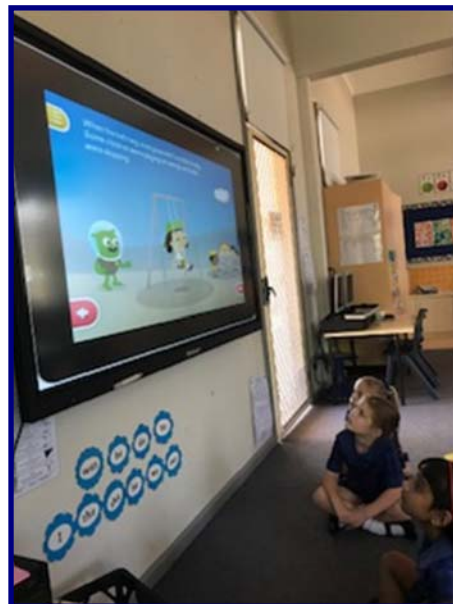
Classes across primary discussed various aspects of bullying, such as; what is bullying?, exclusion and what makes a good friend. Students watched videos and read books around these issues and designed posters, images and artworks to reflect their understanding and positive choices they can make to stamp out bullying.

K/1 watched a video about an alien called Allen, who was starting at a new school. The video came from the 'Bully, No Way!' website. K/1 discussed what makes a good friend, how Allen could fit into his new school and what the other students could do to help him.

Primary Interviews

Primary interviews will be held earlier this year, at the start of Term 2 in Week 1. Interviews will allow an opportunity for teachers and parents/carers to meet and discuss their child's progress and identify areas for future development ahead of half yearly reports. Please check the timetable attached to find your allocated time and meeting location.

Thank you, Ms Fitzalan

**CATCH THE READING BUG**

Participate in the Premier's Reading Challenge this year!

All you have to do is read a set number of books for your stage between Monday 4th March and Friday 30th August!

K-2 students will be participating in this challenge in their classrooms. Their teacher will be entering the books they read in class, onto your child's log. ***If your child is an independent reader, they can attempt the 3-4 challenge.*** Please notify the PRC team so that they can adjust your child's book number from 30 to 20.

For **students in year 3 and above**, students need to logon to <https://online.det.nsw.edu.au/prc/studentExperience.html> and enter the books they read. You can access the list of books on this page and there will also be a printed list available in your child's classroom.

The library has boxes of books labelled in the various age groups to help your child access these books easily. We would love to see more students participate in this wonderful challenge. **Please see Mrs Horsburgh for assistance.** ☺



Primary Parent Interviews – Wednesday 1st May 2019

	K/1	2/3/4	4/5/6
	Mrs Amanda Smith	Ms Sally Fitzalan & Mrs Susanna Horsburgh	Mrs Meggan Adam
	Library – Seminar Room	Library – Sally's Office	Mrs Adam's Office
9:00am			
9:10am	Ishana Sreejith	Joshua Klante	Nicholas Lindsay
9:20am	Georgia Campbell	Nathan Klante	Ben Larkings
9:30am	Charlie Fox-Ashwin	Kate Larkings	Harrison O'Brien
9:40am	Drew Medcalf	Poppy Fox-Ashwin	James O'Brien
9:50am	Charlotte Levick	Kate Radford	Abbey Medcalf
10:00am	Levi Brodin	Dominic Radford	Harry Radford
10:10am	Toby Chase	Isabelle Brodin	Conner Bulloch
10:20am	Harry Lattimer	Fergus Chase	Lucy Baldwinson
10:30am	Max Fishpool	Tom Baldwinson	Harry Chase
10:40am	Jorge Firth	Ryan Berryman	Drew Pollard
10:50am	Chloe Eldridge	Jackson Firth	Shauna Pollard
Recess			
11:30am	Evelyn Greig	Alex Llyod	Allysha Wykes
11:40am	Heidi Jarvis	Jenavieve Lloyd -Small	Jorja Wykes
11:50pm	Bailey Lloyd -Small	Penny Wykes	
12:00pm		Ciara Anderson	
12:10pm		Billy Simpson	
12:20pm		Billy Attenborough	
12:30pm		Kate Attenborough	
12:40pm		Billy Baldwinson	Abby Brennan
12:50pm		Ella Brennan	
1:00pm	Jayni Brennan	Kirralee Brown	
Lunch			
2:00pm			Henry Baldwinson
2:10pm			Lily Horsbrough
2:20pm			Shai Handsaker
2:30pm	Adam Marsden		Olivia Mills
2:40pm	Lloyd Montgomery		James Mills
2:50pm	Marty Fulton		Jed Montgomery
3:00pm	Katie Ellem		Emily Harley

Secondary news

Stage 4 & 5 TAS

Throughout the term, secondary have been busy cooking up a storm and working on their projects in the workshop.

Stage 4 have been studying dairy and cooking recipes with all things dairy as well as growing some herbs outside our classroom to incorporate into their recipes. They are now busy working on their assessment task to create a dairy recipe collection.

Stage 5 Food Technology have been studying foods in Australia and have cooked Australian based recipes, including damper and bush tucker inspired foods, to international cuisine such as making their own pasta and tomato sauce.

Kayla has been learning skills in Hospitality and has cooked some delicious foods such as bruschetta and homemade schnitzels.

Stage 5 Metal work have been busy brining in old scrap materials to create a waste to art themed project and it is well under way. They have honed their welding skills and are doing really well. Joel has been finishing off his cricket stump project and now is planning to build a ute tray.

Keep up the excellent work everyone!

Miss Elwin

**National Day of Action against Bullying and Violence**

Students in secondary listened to an anti-bullying spoken word poem called "To This Day" by Canadian poet Shane Koyczan. This poem is part of the larger "To This Day" project which aims to help children and adults address bullying in different aspects of society. After discussing this poem, the group was given various bullying scenarios to consider. Each corner of the classroom was given a number and a certain "scenario response" that the students had to physically move toward to represent their own personal responses. This activity generated lots of discussion and resonated with the students in their everyday lives.

**Secondary Assessment Schedule**

Week due	Stage 4	Stage 5	Stage 6
Term 1 Week 10	Visual Arts, Science	English, Science	Year 11—Mathematics Standard, Hospitality Year 12—Mathematics Standard 1, Biology, Investigating Science, Primary Industries

Sports news

Gobondery/NARRAF Cricket Gala Day

Congratulations to the primary students who participated in the Gobondery/NARRAF Cricket Gala Day at Peak Hill, last Friday. The day was hosted by Cricket NSW. I was very impressed with our students' sportsmanship throughout the day. Thank you to those parents who transported and supported the students.

Meggan Adam

PSSA Tennis

Tomorrow, James M, Abbey and Olivia are playing Narromine Public in round 2 of the PSSA tennis knockout.

CHS Tennis

On Monday, 1st April, the secondary boys and girls tennis teams will be playing Parkes High in round 2 of the CHS Tennis knockout. Michelle, Kira, Maddi and Elle are in the girls team and Elias, Jacob, Max and Dominic are in the boys team.

Athletics Nominations

Athletics nomination forms and permission notes have been sent home today. All children turning 8, who are eligible to compete, have been given a nomination form and permission note. These need to be returned as soon as possible to assist with organisation of the trials.

Cross Country

Cross Country notes will be sent home tomorrow.

These need to be returned to us as soon as possible to assist with organisation of the trials.

Thank you



P&C Update!

March 2019

Calling all....

Dads, Mums, Carers, Rellies & Friends!

Tottenham Community Expo, Saturday 30th March

With the Expo not far away, the P&C are getting ready serve some hearty BBQ sandwiches and wraps to our community and visitors to our town. To do this we need your help for an hour (or more) if possible!

The money we receive from the lunches will be used to provide opportunities for our students and help to improve the school grounds.

Please contact either Greg 0427 928 204, Nicole 0429 873 040 or Susanna 0427 924 255 to let us know if you can join the team during any hour from 8am through to 4pm.

Donations for the P&C BBQ

If you are unable to assist at the Expo, but would still like to contribute in some way, we will need eggs, tomato sauce, bbq sauce and serviettes, every donation whether large or small counts!

Please contact Greg 0427 928 204 or Nicole 0429 873 070 to let us know what you would like to donate and leave your item at the Administration Office before 3.00pm on Thursday 28th March.

Become involved in the P&C

Would you like to join the P&C but were wondering what we do? Our main function is to raise money and utilise grant programs, to assist our students' education, opportunities and where possible contribute to the improvement of our school's facilities.

Suggestions that have been put forward for 2019, include a bus shelter to protect our students from the elements and a shelter for the fixed equipment in the playground.

We are always seeking new ideas and contributions, so please feel free to speak with a committee member and come along to a meeting. Our next meeting will be held on Monday 13th May and during 2019 they have been scheduled on the Monday of weeks three and six of each term.

2019 P&C COMMITTEE MEMBERS

At the recent AGM the following people were elected in the below roles. Please feel free to contact them if you have any ideas or suggestions for FUNdraising, opportunities or improvements.

Greg Radford, President
Susanna Horsburgh, Treasurer
Nicole Klante, Secretary
Alison Larkings, Vice President and Treasurer in training
Sharon Medcalf, Vice President
General members:
Kathryn Klante
Chrissie Baldwinson
Jo Radford
Michelle Baldwinson
Meggan Adams



MEMBERSHIPS DUE

Each year after the AGM, family memberships are due for renewal. Payment of the \$5 fee enables your family to vote and participate at the meetings. As banking is no longer an easy feat, internet banking will now be the easiest way to renew your membership.

Please deposit your \$5 into the P&C account:
BSB: 082-897
Account: 5099 54210
Reference: Your surname & initials

Please send an email to Susanna dshorsburgh@gmail.com to advise of your payment. Thank you!

Calendar 2019

TERM 1 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 9	March 25	26	27	28 Little Learners Visit Captain Rusty Barnacles K-6	29 PSSA TENNIS KNOCKOUT
WEEK 10	April 1 CHS boys and girls tennis	2 DART Excursion - Amazing Ants	3 School Counsellor visit Science & Engineering Challenge Stage 5	4 5/6 Science & Engineering Challenge	5 Parent information session - how to help your child with multiplication & division Assembly K/1 Item
WEEK 11	April 8 CHS State Swimming	9 CHS State Swimming	10 State PSSA Swimming CHS Swimming 4T's Gala Day—Trundle	11 State PSSA Swimming	12 State PSSA Swimming
WEEK 1 TERM 2	April 29 SDD	30 Students return	May 1 Primary parent/ teacher interviews	2 Cross Country walk Primary	3 Cross Country
WEEK 2	May 6	7 PSSA Boys and girls soccer	8 Secondary parent/ teacher interviews School counsellor visit	9 Grandfriends Day 10am	10 Athletics Carnival
WEEK 3	May 13	14 NAPLAN	15 NAPLAN	16 NAPLAN	17 NAPLAN

2019 Soccer Club

Our first soccer training session is coming!

TOTTENHAM SOCCER CLUB

REGISTRATIONS

10th April 3:30pm at the school oval

Look out for more information next week, explaining the new online registration system.

Come along to the Sportsground from 3:00pm on **Wednesday 10th April** for our first training session and to collect your team shirt.

New to soccer or to Tottenham? Come and join one of our teams!

Contact Michelle 0428 873 132 or Nicole on 0429 873 070.



Other news

Canteen News

Recess special

Come to the canteen at recess for this pre Easter special ..
 Hot Cross Buns (warmed & buttered) \$2
 Veggie & cheese snack cups \$2
 Sandwich of the day—Leg ham with salad of your choice
 (Plain ham) \$3
 Salad of the day—Warm sweet potato & chickpea salad

HP Ink Cartridges

We have available various colours of the HP Ink Cartridge 564, which suits some Deskjet, Photosmart and Office jet printers. If you are interested please contact the office.
 Thank you

Youth Club

Date	Member & Supervisor on Duty
29/3/19	Lachie Makim & Michelle Owen
5/4/19	Isaac Noakes & Dad
12/4/19	Alesha Pollard & Kristy Simpson

School Banking

A friendly reminder that our student school banking is on every Tuesday.



Tottenham Central School World's Greatest Shave

Date: 9th May 2019

Time: 1.30pm shave

Information: If you would like to shave your head on the day please see Lachie Makim or Isaac Noakes for further information and a permission note.

Further details will be in the newsletter in the coming weeks.

Contact us

Principal Miss Amanda Thorpe

Assistant Principal Ms. Sally Fitzalan (Mon– Wed)
 Mrs. Meggan Adam (rel. Thurs & Fri)

Head Teacher Secondary Studies Mrs. Sarah Lindsay

P & C President Mr. Greg Radford

Tottenham Central School
 Merilba Street
 Tottenham
 NSW 2873

Phone: 02 68924006
 Fax: 02 68924159
 E-mail: tottenham-c.school@det.nsw.edu.au

We are on the web and Facebook:

www.tottenham-c.schools.nsw.edu.au



Your say

You are encouraged to use this space to give us any feedback on things which you feel you need to: congratulate a student, teacher or parent, let us know what you think of the newsletter format, make a suggestion or request.



BECOME A VOLUNTEER HOST FAMILY THIS JULY



LUCAS L

16 from France

I am a very active and dynamic boy. My favourite sports are cycling, soccer, boxing and street gymnastics! Thank you for welcoming me to your family, I cannot wait to discover Australia and your way of living!



CAMILLA G

16 from Italy

Ciao from Italy! The list of activities I like to do in my free time is quite long, so I am never bored! I love reading, I also really enjoy photography. Thank you if you're going to choose me, I promise I'll be a perfect 'daughter'.

"If you're thinking about hosting, do it! It's the most rewarding experience for your family. Our daughter has a sister now, someone to talk to other than mum or dad."

Nicole, three-time host mum.

Need to know:

- You choose your student
- Hosting is voluntary
- Students attend high school
- You'll make memories for life!

Not-for-profit Australian organisation, WEP Australia, needs host families! **Can you help?**

Hosting an overseas high school exchange student is a wonderful way to bring a slice of the world into your home and heart!

✉ INFO@WEP.ORG.AU
☎ 1300 884 733
🌐 WEP.ORG.AU/HOST

MORE PROFILES
AVAILABLE AT
WEP.ORG.AU/HOST



Communicable Diseases Factsheet

Whooping Cough (Pertussis)

Last updated: 28 June 2018

Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection and severe disease.

What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

- Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

- Babies need to be immunised at 2 months, 4 months, 6 months and 18 months. The first dose can be given as early as 6 weeks of age.

- Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.
- If your baby's vaccines are overdue, see your GP now to catch up.

Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

Immunisation for adults

A booster for adults is recommended for:

- women who are in the third trimester of pregnancy, preferably at 28 weeks. Free vaccine is provided through GPs and hospital antenatal clinics.
- other adult household members, grandparents and carers of infants under 12 months of age.
- adults working with young children, especially health care and child care workers.

If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

How is it diagnosed?

Your doctor may ask about your symptoms and whether you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local public health unit. Public health unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

Identify - Protect – Prevent

[NSW Health whooping cough campaign:](http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx)
<http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx>

For further information please call your local public health unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au