

Tottenham Central School Newsletter



Principal: Amanda Thorpe

Week 4, Term 1

Thursday, 21st February, 2019

Principal's message

Parent Information Session and Assembly

Our first parent information session and assembly will be held on Friday March 1st. Mrs Smith will be hosting a parent information session from 1:50pm about effective reading strategies when helping in the classroom and for home reading.

Assembly will commence at 2:20pm during which our 2019 SRC will be inducted.

iSee VC Stage 4 Language Trial with NSW School of Languages and Rural and Distance Education

Our School, along with Barellan CS will be participating in a trial which will deliver Italian to our Stage 4 students. The NSW School of Languages (NSWSOL) will provide a teacher who will deliver the Italian Stage 4 curriculum for the duration of 2019. They will also support Mrs Lindsay in the teaching and learning activities and work with her to enhance curriculum development and assessment.

Students and Mrs Lindsay will communicate with the NSWSOL via iSee VC software and videoconference. We are all looking forward to fluent Italian being spoken by our Stage 4 students and Mrs Lindsay!

NSW AECG STEM Camp

The NSW AECG Inc. have partnered with the Department of Education, Connected Communities and the Aboriginal and Torres Strait Islander Mathematics Alliance to coordinate a Science, Technology, Engineering and Mathematics (STEM) camp for Aboriginal students in regional and remote NSW.

EVENT: STEM youth Development Camp

TARGETING: Aboriginal students from Years 5 to 10 (inclusive)

DATES: Monday 26th August — Wednesday 28th August 2019

VENUE: Lake Burrendong Sport and Recreation Centre
205 Tara Road, Lake Burrendong NSW 2820.

EOI: Close—Tuesday 6th August 2019.

COST: Accommodation and meals provided by the NSW AECG
If you are interested, please complete the EOI at the following link and bring back to school by the 6th August.

Let us know if you would like a printed out version to fill in.

https://www.aecg.nsw.edu.au/wp-content/uploads/2016/09/EOI_STEM-Camp_LakeBurrendong.pdf?fbclid=IwAR3bQFXHHLAX-kupS6NZ-Mj3x0r9jUTLLOIGz9cPpYT-XCJhyJkQLRFm52o

NSW AECG Inc. Sports, Health, Opportunities and Wellbeing (SHOW) Camp

The New South Wales Aboriginal Education Consultative Group Inc. (NSW AECG Inc.) in partnership with the Department of Education's, Aboriginal Education and Communities, will be conducting an SHOW Camp for Aboriginal students from Years 5 to 11. To commence the process the NSW AECG Inc. is calling for Expressions of Interest from schools with Aboriginal students in the nominated years. The camp will encourage students to lead healthier and active lifestyles, while prompting students to explore and consider careers in sport other than participation.

EVENT: Sports, Health, Opportunities and Wellbeing (SHOW)

TARGETING: Aboriginal students from Years 5 to 11 (inclusive)

DATES: Thursday 13th June 2019 – Friday 14th June 2019

VENUE: Lake Burrendong Sport and Recreation Centre

COST: Accommodation and meals provided by the NSW AECG.

If you are interested, please complete the EOI at the following link and bring back to school by the 24th May. Let us know if you would like a printed out version to fill in.

https://aecg.nsw.edu.au/wp-content/uploads/2018/08/EOI_SHOW-Camp_LakeBurrendong2019.pdf?fbclid=IwAR30_M3F-1WdLyOUKFv8Ek1JCWGCGBuYanZkN6xQ8dsjKVQBK504PYff0

Interactive TVs

Today, we have started the process of removing our old Interactive Whiteboards and replacing them with Interactive TVs. To say we are excited is an understatement!

Amanda Thorpe
Principal

School news

** IMPORTANT INFORMATION **

Regarding Private Vehicle Conveyance (PVC)/

School Drive Subsidy

Last year the PVC subsidy was made redundant by the new *School Drive* subsidy. Any of the old PVC forms posted late last year or early this year have not been accepted by Transport for NSW. All new applications for *School Drive* must be made online. If you would like to receive the subsidy and haven't applied online please do so at your earliest convenience.

Please follow the link below to apply online:

<https://apps.transport.nsw.gov.au/ssts/schoolDriveSubsidy#/howToApplySchoolDrive>

or simply google *School Drive* and follow the prompts.

Canteen News

Hello to the Tottenham CS community. I am super excited to be the new canteen manager. Firstly though, many thanks to Kelly Anderson for leading the way with her skilful management of the canteen over the past years.

The 2019 operation of our school canteen will be governed by the NSW state governments Healthy School Canteens Strategy with the Food and Drink Benchmark underpinning the choices that will be offered on this, and future menus.

Make the healthy choice, the easy choice.

So, get your paper bags ready and pens poised, as we begin the year with the canteen operating for lunch on Fridays. All orders (primary, secondary and staff) must be written on a paper bag and placed in a canteen order box by 9am Fridays.

The canteen window will **not** be open at any stage of the day for any extra purchases of food or drink. All orders must be written on a paper bag and submitted by 9am with cash or account request. Thank you for your anticipated cooperation with these current arrangements.

Please don't hesitate to make contact via note on your child's paper bag or via phone, text or email.

Kathryn Klante, 0401305002

tottenhamcentralschoolcanteen@gmail.com

Menu

Sandwich of the day

Curried egg and lettuce \$4.00

Salad of the day

Chicken Pasta Salad \$4.00

Sandwiches

Cheese \$2.00

Cheese, lettuce & tomato \$3.00

Cheese and Salad \$4.00

Chicken, lettuce & mayo \$3.00

The Works (diced chicken, cheese & salad) \$5.00

NB: Salad = shredded lettuce, sliced tomato and cucumber and freshly grated beetroot and carrot.

Hot

Meat Pie with sauce \$4.50

Sausage Roll with sauce \$4.00

Party Pies with sauce \$1.00ea

Chicken Nuggets with sauce \$1.00ea



Add water to any lunch order for \$1

Scripture Notes

All Year 7 notes need to be returned to school letting us know of your intentions. Regardless of your option, please return notes as soon as possible. Thank you

Moorambilla 2019 Workshop Tour

It's that time of year for budding singers to experience the Moorambilla Voices 2019 Skills Development Workshop Tour. Michelle Leonard, Musical Director, and her team will be facilitating 78 workshops covering 53 towns, inviting 126 schools in the remote region of north-west NSW, starting on Monday 25 February to 22 May 2019. The Workshop Tour will be visiting our area on **Monday, 25th February** at **Trangie Central School Hall** from **4pm to 5pm**.

If your child is interested in attending, but you have not contacted me, your child is still able to participate by attending the above meeting place at 4pm—but transport to and from the workshop must be organised by parents.

Chrissie Baldwinson

christina.baldwinson@det.nsw.edu.au

School Choir 2019

School choir began today with a fresh group of enthusiastic singers. Due to other school commitments at lunch times, choir rehearsals will now be held at Recess on Thursdays in my classroom for 20 minutes. This will enable the singers to still have 10 minutes to eat and visit the bathroom before the end of the recess break.

Students of all ages are invited to join the choir; however regular attendance is **ESSENTIAL** to maintaining a place in our special group. Please do not hesitate to contact me via email with any questions.

Chrissie Baldwinson

The NSW Healthy School Canteen Strategy

The NSW Healthy School Canteen Strategy aims to support student health by providing access to healthy foods and drinks to make the healthy choice, the easy choice. The Strategy addresses school canteens across NSW to support healthy growth and development of children. The Strategy is just one of a host of Healthy Children Initiative programs and strategies which form part of the NSW Government's commitment to reducing childhood overweight and obesity¹. All schools in NSW are supported by the NSW Healthy School Canteen Strategy. All NSW public schools are required to transition to the Strategy by the end of 2019. Independent and Catholic Schools are strongly encouraged to adopt the Strategy.

For more detailed information on the NSW Healthy School Canteen Strategy including tools to help you, visit the website <https://healthyschoolcanteens.nsw.gov.au>

Why do we need a NSW Healthy School Canteen Strategy and Food and Drink Criteria?

In 2015, twenty two percent of children aged 5-16 years in NSW were overweight or obese. In the same year the NSW Government released key targets, one of which was a priority to reduce overweight and obesity by 5% by 2025. Healthy eating is important as it provides students with the essential energy and nutrients they need to learn, play and grow. Children need to eat healthier foods and drinks to meet their recommended requirements. Healthy habits for life are set up in childhood – overweight children are more likely to go on to become overweight or obese adults with an increased risk of serious chronic health problems.

CHILDREN NEED HEALTHIER FOOD AND DRINK OPTIONS:

- More VEGETABLES
 - More FRUIT
 - More YOGHURT, CHEESE & MILK (and alternatives)
- 35% of what children eat is unhealthy foods and drinks such as cakes, biscuits, sugary drinks and confectionery ²
 - 3 in 10 are drinking a can of sugary drink each day ³
 - 3 in 10 are eating salty snacks each day ²

1. NSW Government. NSW State Health Plan: Towards 2021. <http://www.health.nsw.gov.au/statehealthplan/Publications/NSW-state-health-plan-towards-2021.pdf>
2. Refers to percentage of kilojoule intake from discretionary foods and drinks. Australian Bureau of Statistics (2014) 4364.0.55.007 - Australian Health Survey: Nutrition First Results - Foods and Nutrients, 2011-12
3. NSW Population Survey 2014. www.healthstats.nsw.gov.au

Introduction to the Food and Drink Criteria

The new Food and Drink Criteria underpins the NSW Healthy School Canteen Strategy and provides an outline for a healthy school canteen. It applies to all food and drink provided in NSW school canteens and vending machines.

The focus of the Food and Drink Criteria is to support a culture of healthy food in schools by supporting NSW school canteens to:

- Promote and increase student access to healthy foods and drinks
- Decrease student access to unhealthy foods and drinks
- Support students to drink water in preference to sugary drinks
- Make the healthy choice, the easy choice.

The new Food and Drink Criteria – What has changed?

The new Food and Drink Criteria has been developed to align with the latest Australian Dietary Guidelines (2013) and to incorporate the Health Star Rating national front-of-pack labelling system. The Criteria replaces the traffic light-based criteria (green, amber and red) in the previous **Fresh Tastes @ School Strategy** (2004). Schools who have worked hard to achieve a healthy school canteen will find that the language of the new Food and Drink Criteria may be a little different but the basic principles remain the same. Other Australian states and territories use the traffic light-based criteria. Both the traffic light-based criteria and the new **NSW Healthy School Canteen Strategy: Food and Drink Criteria** achieve the same outcome of helping provide healthier foods and drinks in school canteens and are based on the principles of the Australian Dietary Guidelines.

More information about what has changed from the traffic light-based criteria (green, amber and red) can be found on the website <https://healthyschoolcanteens.nsw.gov.au>

Primary news

Primary Science

For the 4/5/6 science unit 'Physical World' we are collecting jars. We need 120ml (e.g. baby food jars), 250ml (e.g. tartare sauce jars), 330ml (e.g. salsa jars) and 500ml (e.g. pasta sauce jars).

If you have any jars at home that you are not using could you send them in please.

Thank you, Mrs Baker

3/4 Music lessons

A reminder that Year 3 and 4 students will be learning the recorder with Mr Screen on Fridays. If your child requires a recorder they are available from the office for \$12.

**When I grow
up, I'm going
to be a**



Yr 2/3/4

Secondary News

Access Camp

Last Wednesday, Thursday and Friday Kayla, Michelle, Joel and Elias attended the annual Access Camp at Lake Burrendong. The students spent the three days working with their coordinators and peers in face to face lessons. Michelle and Kayla met and got to know their teachers and peers. When the students were not participating in their lessons they were taking part in Sport and Recreation activities including going down a water slide, raft building, flying fox and bike riding. The Tottenham staff were impressed by the way our students engaged in their lessons and recreational activities as well as how they interacted with the students from the other Access schools.

Best Start Year 7

This Monday our Year 7 students will be sitting the Best Start test for Year 7. The students will be completing a numeracy and reading test online. These tests will provide staff with information to allow us to program for the students to best meet their needs.

Lake Burrendong WAP Camp 2019

Secondary Assessment

Next week Stage 4 and Stage 5 will be receiving their assessment policy and assessment booklet for this term.

*Well done to the students
for participating so well!*



See the highlights from the 2019 Swimming Carnival!



Sport news

Swimming Carnival

Thank you to everyone who again made our 2019 swimming carnival a fantastic day. Thank you to the following people: Red Lindsay and Tanya Fulton for helping to set up the pool; all staff for officiating on the day; Ros McFadyen for judging events; the House Captains and their helpers for doing such an amazing job organising and supporting the students in their house and all students for swimming well. Thank you also to all of the parents who helped with timekeeping.

Results of the carnival will be announced at our first whole school assembly.

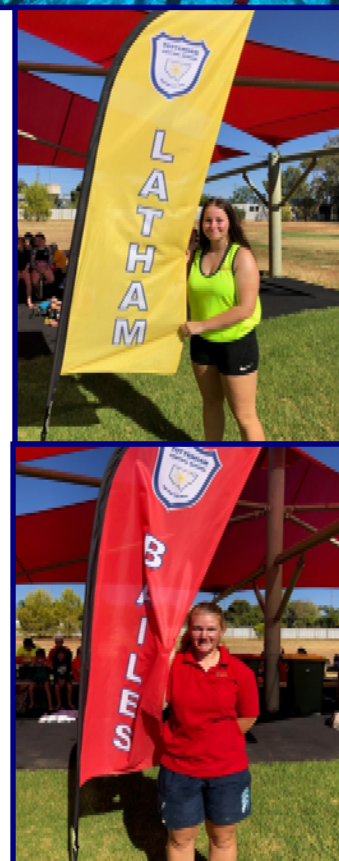
Gobondery/NARRAF District Swimming Carnival

Good luck to the 21 primary students competing at the Gobondery/NARRAF district swimming carnival tomorrow at Narromine.

Secondary Sport

Next Wednesday those students who have put their name down to participate in the CHS Squash knockout will be walking to and from the squash courts to play some games of squash.

We apologise for the page omission in last week's newsletter.





Expression of Interest – Western Access Program School Administrative Officer

Expressions of Interest are invited from suitable candidates interested in an opportunity to fill the position of School Administration Officer (SAO) for 2019. The position would begin in Week 7 of Term 1. The role of School Administrative Officer will be responsible to the Head Teacher Access for assisting in a range of school and office activities. The position is temporary, 2 days per week with the location negotiable. Inductions and professional learning will take place with the Head Teacher Access at Peak Hill Central School.

The Western Access Program is a rural and distance education initiative which delivers quality HSC curriculum to central schools via videoconferencing. Our schools are: Yeoval, Tullamore, Trundle, Peak Hill and Tottenham Central Schools. The Western Access Program is an open, welcoming and supportive community which set high standards of excellence in teaching and learning. As a program, we pride ourselves on offering a diverse range of subjects to our students as well as providing quality learning opportunities in a digital setting.

An Expression of Interest addressing the position criteria, of no more than 2 pages in length, should be submitted to Crystal Stanford, Head Teacher Access, at crystal.stanford1@det.nsw.edu.au by 4pm Friday 01 March 2019.

Position Criteria:

- ☐ Well-developed communication and interpersonal skills with the ability to work effectively as part of a team
- ☐ Demonstrated capacity to exercise initiative, organise resources and meet deadlines.
- ☐ Ability to perform tasks using Microsoft Office, Sentral and Google Suite are essential
- ☐ Current working with children's check
- ☐ Current or willingness to work towards the completion of DoE mandatory training courses

Your application must include the names of two referees. Ideally, one should be the applicant's current principal or supervisor.

For further information contact Crystal Stanford on 0438 475 880 or at crystal.stanford1@det.nsw.edu.au

Calendar 2019

TERM 1 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 4	18	19	20 School Counsellor visit	21	22 Gobondery/NARRAF Swimming Carnival
WEEK 5	25 Moorambilla Voices workshop Trangie CS	26 First Aid Course - School Library	27	28	March 1 Parent Information Session—Reading with your child 1.50pm Assembly 2.20pm
WEEK 6	4 P&C AGM & General Meeting 3.15pm Library CHS Girls Football	5 RYDA Day—Year 11	6 School Counsellor visit PSSA Tennis Trials	7	8
WEEK 7	11	12	13	14 PSSA Swimming	15 CHS Swimming
WEEK 8	18 Life Ed Van	19 Life Ed Van PSSA Boys Soccer	20 School Counsellor visit Oztag/Soccer day Trangie	21	22 Gob/NARRAF Gala day cricket - Peak Hill
WEEK 9	25	26	27	28	29
WEEK 10	APRIL 1	2 Science & Engineering Challenge	3 School Counsellor visit Science & Engineering Challenge	4	5
WEEK 11	8 CHS State Swimming	9 CHS State Swimming	10 State PSSA Swimming	11 State PSSA Swimming	12 State PSSA Swimming

School Matters!



Attend Today, Achieve Tomorrow

HAVE
A HAPPY
WEEKEND

Other news

Red Cross First Aid

The Red Cross First Aid course will be available to those interested on the 26th February 2019. Please contact Amity Chase on 0402 282542 if you would like to be involved.

Contact us

Principal Miss Amanda Thorpe

Assistant Principal Ms Sally Fitzalan (Mon– Wed)
Mrs Meggan Adam (rel. Thurs & Fri)

Head Teacher Secondary Studies Mrs Sarah Lindsay

P & C President Mr Greg Radford

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We are on the web and Facebook:

www.tottenham-c.schools.nsw.edu.au



Your say

You are encouraged to use this space to give us any feedback on things which you feel you need to: congratulate a student, teacher or parent, let us know what you think of the newsletter format, make a suggestion or request.



Tottenham Central School Parent Survey - 2019

Please take some time to think about, and contribute to the questions below.

1. Teachers inform me about how my child is doing in school. Yes / No

2. I feel comfortable communicating with my child's teacher. Yes / No

3. Ways we could improve teacher / parent communication regarding student learning?

4. My child uses technology at school to help strengthen his/her skills. Yes / No

5. The most effective way I believe technology is used for learning:

6. Our school provides opportunities for families to engage in activities involving their child. Yes / No

7. The most enjoyable school-related activities I share with my child are:

8. What activities, sessions, courses would you like to see continue in our school?

9. What *new* activities, sessions, courses would you like to see introduced in our school?

10. Suggestions for parent information sessions:
